

Application for the Utah State Office of Education Health Education Endorsement

Applicant Information

Name _____ Date Application Submitted _____

Cactus ID (preferred) _____ or SS _____

District _____ School _____

Major _____ Minor _____

Home Address _____

Home Phone _____ Work Phone _____

Email _____

MARK APPLICABLE BOX (ES):

☐

Endorsement only

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State Approved Endorsement Plan (2 year)

*Applicant must have a current license, be currently teaching in the endorsement area and have 9 semester hours toward endorsement.

Current educator license: ☐ Yes ☐ NoPending license: ☐ Yes ☐ No

Endorsement submitted by individual

\$40.00

Send to:

Utah State Office of Education
Attn: Janet Strong
Educator Licensing
250 East 500 South
P.O. Box 144200
Salt Lake City, UT 84114-4200

State Approved Endorsement Program (SAEP)

\$40.00

Send to:

Utah State Office of Education
Attn: Stephanie Ferris
Educator Licensing
250 East 500 South
P.O. Box 144200
Salt Lake City, UT 84114-4200

*Paid by LEA or charter school

Endorsement Requirements

The **minimum** requirement for the health education endorsement is sixteen (16) semester hours in health related subject matter that must include the following courses:

There are two ways to earn the Secondary Health Education Endorsement:

1. Successfully completing university or other approved courses, or
2. Demonstrated competency:
 - Score of 670 or more on Health Content PRAXIS exam plus
 - Completion of course work for (1) Methods of Teaching Health Education (2) Human Sexuality/Sex Education (3) Nutrition.

University and Professional Development Courses Approved by USOE

1. University courses should be a minimum of three semester hours in each requirement.
2. *Methods of Teaching Health* should be taken within five years of the date of this application. All other coursework is not dated.
3. University courses are reviewed and approved by agreement with USOE. *You must have original transcripts attached (internet transcripts are not acceptable), with the courses highlighted.* Professional Development courses other than those offered by the USOE must be approved by the USOE Health Curriculum Specialist. *You must submit a copy of the CACTUS report, with the courses highlighted.*

For each of the seven requirements (as of 9-4-2003), check or enter the course which meets the requirement. University courses listed are pre-approved. If the course name and number are not an obvious match to the requirement, list explicitly the course you wish to substitute under "other." Educators should contact the education departments at each university for questions regarding course requirements.

Utah Health Education Endorsement

1. Personal Health/Wellness

- _____BYU: HLTH 330, Principles and Practices of Health Promotion
 _____SUU: PE 1098, Wellness Dynamics
 _____U of U: HEdu 4200, Foundations of Health Education
 _____USU: HEP 3100, School Health Programs
 _____UVU: HLTH 1100, Personal Health or
 HLTH 4050, Foundations of Health Education
 _____WSU: HLTH 1030, Healthy Lifestyles or
 HLTH 3000, Foundations of Health Promotion or
 HLTH 3050, School Health Program
 _____Other: _____

Course Title

Site

2. Methods of Teaching Health

_____BYU:	HLTH 381, Health Education Teaching Methods	
_____SUU:	PE 3720, Methods of Teaching Health Education	
_____U of U:	HEdu 4230, Health Teaching in Secondary Schools	
_____USU:	HEP 4400, Creative Methods of Teaching Health Education	
_____UVU:	HLTH 4200, Health Education Teaching Methods	
_____WSU:	HLTH 3200, Methods of Teaching Health Education	
_____Other:		
	Course Title	Site

3. Human Sexuality/Sex Education

_____BYU:	HLTH 436, Human Sexuality Education in the Curriculum	
_____SUU:	PE 3750, Methods of Teaching Human Sexuality Education	
_____U of U:	HEdu 3000, Human Sexuality	
_____USU:	HEP 4500, Sexuality Education within the Schools	
_____UVU:	HLTH 2800, Human Sexuality	
_____WSU:	HLTH 3500, Human Sexuality	
_____Other:		
	Course Title	Site

4. Nutrition

_____BYU:	NDFS 100, Essentials of Human Nutrition	
_____SUU:	NFS 1020, Scientific Foundations of Human Nutrition	
_____U of U:	NUTR 3550, Healthy Weight for Life or NUTR 4400, Nutrition Science	
_____USU:	NFS 1020, Science and Application of Human Nutrition	
_____UVU:	NUTR 1020, Foundations of Human Nutrition	
_____WSU:	NUTR 1020, Foundations in Nutrition or HLTH 4420, Nutrition and Fitness	
_____Other:		
	Course Title	Site

5. Substance Abuse Prevention

_____BYU:	HLTH 460, Substance Abuse Prevention	
_____SUU:	PE 3790, Drugs and Alcohol	
_____U of U:	HLTH 4180, Prevention Practices in Health Promotion	
_____USU:	HEP 3000, Drugs and Human Behavior	
_____UVU:	HLTH 2600, Drugs, Behavior and Society	
_____WSU:	HLTH 3400, Substance Abuse Prevention	
_____Other:		
	Course Title	Site

6. Mental Health, Stress Management or Coping Skills

<input type="checkbox"/> BYU:	HLTH 383, Mind/Body Health	
<input type="checkbox"/> SUU:	PE 2100, Wellness Concepts	
<input type="checkbox"/> U of U:	HEdu 3160, Stress Management or	
<input type="checkbox"/>	HEdu 4350, Resiliency	
<input type="checkbox"/> USU:	HEP 2500, Health and Wellness	
<input type="checkbox"/> UVU:	HLTH 2400, Concepts of Stress Management	
<input type="checkbox"/> WSU:	HLTH 1110, Stress Management or	
<input type="checkbox"/>	HLTH 2400, The Art of Emotional Wellness	
<input type="checkbox"/> Other	<hr/>	
	Course Title	Site

7. Current 1st Aid/CPR Certification

☐ All: Submit copies of both sides of certification cards.

8. Human Sexuality Instruction- State Law and Policy

*Required of all Utah Teachers of Human Sexuality **AFTER** hire.*